



# Gaston County Senior Games Entry Packet

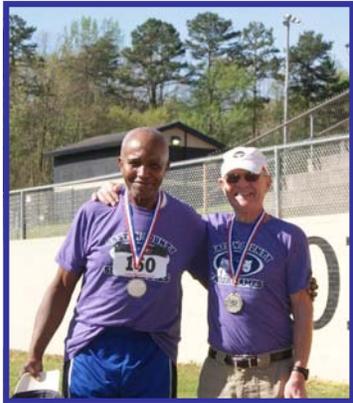
**Final Entry Deadline – March 11, 2016**

PRESENTED BY:



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## For More Information Contact

Gaston County Senior Games

**Ellen Fenters, Coordinator**  
Gaston County Parks & Rec.  
PO Box 1578

Gastonia, NC 28053

Phone: 704.922.2165

Fax: 704.922.2166

[Ellen.Fenters@gastongov.com](mailto:Ellen.Fenters@gastongov.com)

**Meredith Sisson, Events Director**  
City of Gastonia Parks & Rec.  
Phone: 704.866.6842  
[MeredithS@cityofgastonia.com](mailto:MeredithS@cityofgastonia.com)





# Gaston County Senior Games Entry Packet 2016

*... Believe in Yourself...*

*In 1983 Senior Games began with a vision for North Carolinians 50 years of age or better—To be more active*

*-- To learn new skills --To renew old talents – To live better and healthier – To have more FUN!*

*Today, there are over 60,000 participants in 53 local games programs that serve all 100 counties across the state.*

*Join the Gaston County Senior Games for fun and fitness  
and celebrate yourselves!*

## GENERAL INFORMATION

GAME DATES – April 5, 2016 – May 14, 2016

See the Schedule of Events on page 11 for more specific information

*This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored state wide by the North Carolina Division of Aging and Adult Services.*

### ELIGIBILITY INFORMATION

In order to participate in the Gaston County Senior Games you must:

- **NEW—Reside in Gaston County or a county that does not offer the same activities as Gaston County Senior Games.**
- Be 50 years of age or older by December 31, 2016
- Be able to show proof of NC residency (3 consecutive months).

### VERIFICATION OF ELIGIBILITY

Participants are required to bring a photo ID for check-in at all events

### AGE CATEGORIES

Age categories are determined by participant's age on December 31, 2016. Men & women compete in separate categories in the following 5 year increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, +100.

In doubles competition, partners compete in the age category of the younger partner. In team sports, the age category is determined by the age of the youngest player. Competition in the arts will be based on sub categories not by age.

### ENTRY PROCEDURES

- Complete and sign the Entry Form
- Complete the Silver Arts Information Form (if you are entering Visual, Heritage, or Literary Arts categories).
- Performing Arts and Cheerleaders entrants should complete one Silver Arts Information Form per act or group.
- Return forms and payment no later than 12 p.m. on March 11, 2016 to:

**Gaston County Parks & Recreation  
Gaston County Senior Games  
PO Box 1578  
Gastonia, NC 28053**

- **NEW— Register online with credit card payment ONLY at [torch.ncseniorgames.org](http://torch.ncseniorgames.org)**

**GENERAL INFORMATION CONTINUED ON NEXT PAGE**

# General Information

## AGE CATEGORIES / ELIGIBILITY

Your age group is determined by your age on December 31, 2016. Men and women compete in separate categories in the following five (5) year age groups: 50 - 54, 55 -59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+.

For doubles and team events: 1) the category will be determined by age of the youngest participant; 2) for those qualifying, partners and teams must remain the same for state and national competition.

To be eligible to participate in the Gaston County Senior Games, an individual must be 50 or better by December 31, 2016 and reside in Gaston County for a minimum of 3 consecutive months of the year or a county that does not offer the same activities as Gaston County Senior Games.

## REGISTRATION PROCESS

1. Participant completes and signs the entry form and submits with total payment by 12pm on March 11, 2016.
2. Check-in will begin at your first event.  
**Participants must check-in 15 minutes prior to competing in his or her first event** (including all Tournament and Golf events). **Start time is forfeit time for local, state and national games!**

## GOLF INFORMATION

Only athletes meeting the following minimum performance standards *in addition* to finishing 1, 2, or 3 at the local level will qualify to participate in golf at State Finals.

Golf Minimum Performance Standards:

Men		Women	
50 - 54	88	50 - 54	97
55 - 59	88	55 - 59	97
60 - 64	91	60 - 64	99
65 - 69	93	65 - 69	102
70 - 74	95	70 - 74	105
75 - 79	99	75 - 79	109
80 - 84	103	80 - 84	113
85 - 89	108	85 - 89	118
90 +	114	90 +	123

## RULES

All events will be conducted in accordance with the 2016 edition of the North Carolina Senior Games, Inc. Official Rule Book. A copy of the official rules will be available at the Games. The official rule book is also available online at [www.ncseniorgames.org](http://www.ncseniorgames.org).

## FEES

There are 4 types of fees:

ENTRY fee \$15 must be turned in by March 11, 2016.

EVENT fee for:

⇒ Bowling: \$6 per event

⇒ Golf: \$22 for 18 holes

⇒ 5K Community Run: \$20

GUEST fee \$10 for Closing Ceremonies (please mark on entry form).

As a participant your entry fee includes:

Participation in athletic and/or arts events

T-shirt

Closing Ceremonies Dinner and Dance

All fees are **NON-REFUNDABLE**

## TOURNAMENT INFORMATION

Phone calls regarding starting times will not be made to each individual. All brackets will be available at the check-in time of each event. Participants who do not check in by the scheduled starting time will forfeit that event. Participants are also responsible for remaining at tournament events until they have completed their competition. For more information call Gaston County Parks and Recreation at 704-922-2165.

## INCLEMENT WEATHER

The decision to continue, delay or reschedule an event due to inclement weather will be made by the Gaston County Games Events Director. Unless conditions are hazardous to the safety of volunteers and participants, events will continue. Call 704-866-6842 or 704-922-2165 to check for updates. If there is no message regarding cancellation or delay, participants should report to their event site as scheduled. Event Managers will have the latest information.

- In the event of inclement weather, Opening Ceremonies will be moved to Bradley Center.
- If necessary, the make-up day for Spin Casting and Softball Throw will be Monday, May 9 at 12:30 PM at Poston Park.

## AWARDS

In athletic events, 1st, 2nd, and 3rd place finishers in each Age group, male and female, will receive gold, silver, or bronze medals. Medals will be presented at the event.

In Silver Arts, 1st, 2nd, and 3rd place finishers in each sub-category will receive gold, silver or bronze medals.

There will be an awards ceremony for all Silver Arts participants at the Gaston County Senior Center on Friday April 8, 2016 at 10:00am. Follies and cheerleading participants will receive their medals the night of the Follies Showcase.

**\*Medals not picked up at events will be available at closing ceremonies.**

# GENERAL INFORMATION CONTINUED

*In 1983 Senior Games began with a vision for North Carolinians 50 years of age or better—To be more active  
-- To learn new skills --To renew old talents – To live better and healthier – To have more FUN!*

*Today, there are over 60,000 participants in 53 local games programs that serve all 100 counties across the state.*

*Join the Gaston County Senior Games for fun and fitness  
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GAME DATES – April 5, 2016—May 14, 2016

See the Schedule of Events on page 11 for more specific information

*This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored state wide by the  
North Carolina Division of Aging and Adult Services.*

## STATE FINALS INFORMATION

### Silver Arts

- ⇒ Heritage and Visual Arts gold, silver, and bronze advance to state.
- ⇒ Literary entries gold and silver advances to state.
- ⇒ Performing Arts Overall winner advances to state.

Athletic events gold, silver, and bronze qualify to advance to the state by age category.

I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet. The State Finals Entry Form must be received in the NCSG office in Raleigh by 5:00pm, on **August 1st**. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered. It is my responsibility to check with my Local Senior Games Events Director if I need hotel accommodations.



## ADDRESS OF EVENTS & ACTIVITY VENUES

- **AMF Gastonia Bowling Lanes**  
2201 E. Franklin Ave Gastonia, NC 28054
- **Bessemer City Park & Recreation - Tennis**  
220 S. 14<sup>th</sup> St Bessemer City, NC 28016
- **Bradley Center**  
1200 N Modena St. Gastonia, NC 28054
- **Ferguson Park**  
1401 Golf Course Lane Gastonia, NC
- **Gaston County Senior Center & Dallas Park**  
1303 Dallas-Cherryville Hwy Dallas, NC 28034
- **Gastonia Adult Recreation Center**  
519 W. Franklin Ave Gastonia, NC 28052
- **George Poston Park**  
1101 Lowell-Spencer Mtn. Rd Gastonia, NC 28034
- **Lincoln Golf Course**  
2052 Country Club Road, Lincolnton, NC
- **Lowe's Motor Speedway - Cycling**  
5555 Concord Parkway S Concord, NC
- **Mecklenburg Wildlife Club**  
2301 Wildlife Rd. Charlotte, NC
- **North Gaston High School**  
1133 Ratchford Drive Dallas, NC 28034
- **Phillips Center**  
2031 Echo Lane Gastonia, NC 28052
- **Sims Legion Park**  
1001 N. Marietta St. Gastonia, NC 28054
- **Stowe YMCA**  
196 YMCA Drive Belmont, NC 28012
- **5K- Community Run**  
128 W. Main Ave Gastonia, NC 28053

*To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended.  
High intensity types of activities are offered primarily for the conditioned, trained athlete.*



# Gaston County Senior Games Entry Form

OFFICE USE ONLY  
 Date: \_\_\_\_\_  
 Staff: \_\_\_\_\_  
 Receipt #: \_\_\_\_\_

**BEFORE** you submit your Entry Form please make sure you have:

1. Completed the ENTRY and MEDICAL INFORMATION FORMS (**PLEASE PRINT**)
2. Check ALL the ACTIVITIES in which you want to participate.
3. If you are a Literary, Visual or Heritage Artists, Performing Arts group leader or Cheerleader, you must submit the required SILVERARTS INFORMATION FORM **with** this Entry Form by March 11, 2016.

**\*\* IMPORTANT for Doubles and Mixed Doubles events: NO Exceptions—your partner’s name MUST be written on your form and your name MUST be written on your partner’s form. \*\***

**\*\*ALL FEES ARE NON-REFUNDABLE\*\***

Name (Print) \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Email \_\_\_\_\_ (used only for senior games communication)

**DATE OF BIRTH:** \_\_\_\_\_ **AGE AS OF DECEMBER 31, 2016:** \_\_\_\_\_

**AGE CATEGORY (as of 12/31/16):**

\_\_\_\_\_ 50 - 54    \_\_\_\_\_ 55 - 59    \_\_\_\_\_ 60 - 64    \_\_\_\_\_ 65 - 69    \_\_\_\_\_ 70 - 74    \_\_\_\_\_ 75 - 79  
 \_\_\_\_\_ 80 - 84    \_\_\_\_\_ 85 - 89    \_\_\_\_\_ 90 - 94    \_\_\_\_\_ 95 - 99    \_\_\_\_\_ 100 +

Gender (please circle):      Female      Male  
 T-shirt Size (please circle):    S    M    L    XL    XXL    (These are men’s sizes)  
 County of Residence (please circle):      Gaston      Lincoln      Other \_\_\_\_\_

**\*\*\*\*\*See Page 6 before filling in amounts below\*\*\*\*\***

**EVENT & SOCIAL EVENT FEES:**

Entry Fee:	\$15.00		= _____
Event Fees:	Bowling	\$6 per bowling event	= _____
	5K Run	\$20.00	= _____
	Golf	\$22.00	= _____
<input type="checkbox"/> *I will attend Closing Dinner (Please check if attending)	Number of Guests _____ X \$10.00 each		= _____
<b>TOTALS</b>			= _____

*Make checks payable to Gaston County Senior Center and mail to PO Box 1578 Gastonia, NC 28053.*

***NEW—Credit cards are accepted online ONLY at [torch.ncseniorgames.org](http://torch.ncseniorgames.org)***

# GASTON COUNTY SENIOR GAMES ENTRY FORM

Gaston County Senior Games is committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his or her doctor in regard to preparation for, and competition in, Senior Games or any similar activity.

Mark each event with an "X". Complete ALL pages. --- \*\*Events NOT offered at NCSG State Finals

**Important Doubles and Mixed Doubles events: Your partner's name MUST BE WRITTEN on your form and your name MUST BE WRITTEN ON YOUR PARTNER'S FORM NO Exceptions**

## INDIVIDUAL SPORTS

### Archery- (Limit one event per participant)

- Conv. Recurve Bare Bow
- Conv. Recurve with Sight
- Conv. Recurve with Sight and Release Aid
- Compound Bare Bow
- Compound with Sight
- Compound with Sight and Release Aid

## INDIVIDUAL SPORTS

- \*\*Corn Hole Non-Competitive
- Football Throw
- Spin Casting
- Softball Throw
- Fun Walk
- Basketball Shooting
- Bowling - Singles (\$6)
- Bowling – Doubles(\$6) Partner\_\_\_\_\_
- Bowling – Mixed Doubles (\$6) Partner\_\_\_\_\_
- Cycling – 1 mile                       Cycling 10K
- Cycling – 5K

## Field Events

- Discus                                       Shot Put
- Running Long Jump                       Standing Long Jump

## Track (Limit of 3 Track Events)

- 50M Dash (*new*)                       200M Dash
- 100M Dash                               800M Run
- 400M Dash                               1500M Race Walk
- 1500M Run
- \*\*5K Run (Run For The Money) \$20.00

## SWIMMING (Limit of 5 Events per participant)

- 50 yard Backstroke                       50 yard Breaststroke
- 100 yard Backstroke                       100 yard Breaststroke
- 200 yard Backstroke                       200 yard Breaststroke
- 50 yard Freestyle                       50 yard Butterfly
- 100 yard Freestyle                       100 yard Butterfly
- 200 yard Freestyle                       200 yard Butterfly
- 500 yard Freestyle \_\_\_\_\_
- 100 yard Individual Medley
- 200 yard Individual Medley
- 400 yard Individual Medley (*new*)

## TOURNAMENT EVENTS

- Badminton – Singles
- Badminton – Doubles partner\_\_\_\_\_
- Badminton – Mixed Doubles partner\_\_\_\_\_
- Basketball (attach team roster/9 player maximum)
- Billiards
- Bocce – Singles
- \*\*Chair Volleyball (*new*) (team will be chosen for you)
- Corn Hole Competitive (qualifies for state finals)
- \*\*Corn Hole Non-Competitive Doubles (*new*)

Doubles partner\_\_\_\_\_

- Croquet
- Golf (Average Score \_\_\_\_\_) \$22.00
- Horseshoes
- Pickleball Singles (*new*)
- Pickleball Doubles partner\_\_\_\_\_
- Pickleball Mixed Doubles partner\_\_\_\_\_
- Shuffleboard
- \*\*Shuffleboard Doubles (*new*)

Doubles partner\_\_\_\_\_

- Softball (attach team roster/20 players maximum)
- Table Tennis – Singles
- Table Tennis – Doubles partner\_\_\_\_\_
- Table Tennis – Mixed Doubles partner\_\_\_\_\_
- Tennis – Singles
- Tennis – Doubles partner\_\_\_\_\_
- Tennis – Mixed Doubles partner\_\_\_\_\_

## SILVER ARTS

(Attach complete Silver Arts Form on pages 8-10)

- Cheerleader Showcase
- Visual Arts
- Heritage Arts
- Literary Arts
- Performing Arts (only allowed 3 performances)

## CLOSING CEREMONIES AND SPONSERS DINNER

### VERY IMPORTANT

- I will attend
- I will have \_\_\_\_\_ guest(s) at \$10 each. (List on page 5)

# MEDICAL INFORMATION FORM

Name (print) \_\_\_\_\_

Emergency Contact's Name \_\_\_\_\_ Phone \_\_\_\_\_

## HEALTH INFORMATION FOR ALL PARTICIPANTS (Optional)

This information may be shared with medical providers for your care during the games.

Please list any medical conditions, allergies, or health concerns you feel may be important for us to know.

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Please provide this info to help us. It will be kept confidential. Thank you!

• My ethnicity:  White  Black  Asian  American Indian or Alaska Native  Pacific Islander  
 Unknown/Refused

• My annual Household income is less than \$11,770 (1 person in household)   
Household income is less than \$15,930 (2 people in household)   
No response

## WAIVER and RELEASE of LIABILITY (Required for all Artists, Athletes, and Cheerleaders.)

### WAIVER (Required)

In consideration of being allowed to participate in any of the Gaston County athletics/sports programs, and related events and activities, I, the undersigned, agree that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise my coach or supervisor of such condition(s) and refuse to participate. I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only in my actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or any other equipment used. Further, I acknowledge that there may be other risks not known to us or nor reasonable foreseeable at this time and I assume all the forgoing risk and accept personal responsibility for the damages following such injury, permanent disability or death. I release, waive discharge and covenant not to sue Gaston County, participating agencies, coaches, other participants, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from any and all liability to myself, my heirs and next of kin for any claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I agree to give Gaston County the right to use any photographs or video taken of me, or quote made by me in order to promote the Gaston County programs.

**IMPORTANT:** I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately to determine if I qualified for State Finals and to get and complete a State Finals Entry Packet. My State Finals Entry Form must be received in the NCSG office in Raleigh by 11:59 pm on August 1<sup>st</sup>. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

**I have read the above waiver and release, understand that I have given up substantial rights by signing it, and signed voluntarily. Furthermore, all information is correct to the best of my knowledge and I will follow the mission of Gaston and North Carolina Senior Games and their rules.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



## ENTRY FORM

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

### SILVERARTS RULES AND REGULATION

*(please read carefully)*

- All artwork must be the artist's own creation and not part of a kit.
- All SilverArts categories will be judged: first, second, and third places.
- Medals will be awarded in each subcategory in Visual, Literary, Heritage and Performing Arts. Only first and second place winners in each Literary Arts subcategory are eligible to compete in State Finals (only one entry per person per subcategory is eligible for State Competition). First, second, and third place winners in each Visual and Heritage Arts subcategory are eligible to compete in State Finals (only one entry per person per subcategory is eligible for State Competition). Only the "Best in Show" in the Performing Arts category is eligible to compete in State Finals.
- SilverArts entries will not be accepted if entered in a previous SilverArts show.
- Visual, Heritage and Literary Arts will be displayed at the Gaston County Senior Center, April 6—April 8. Winners will be announced and medals awarded on April 8 at the Gaston County Senior Center at 11am.
- Art entry(ies) incorrectly categorized by the artist or not in compliance with NCSG Guidelines and Requirements will not be considered in the judging process.
- Please bring art to the Gaston County Senior Center between 9:00 am and 1:00 pm on Tuesday, April 5, 2016. If you need to make other arrangements, call Ellen Fenters at (704) 922-2165. Work will remain on exhibit until 12:00 pm on Friday, April 8. Artist may pick up their work between 11:00 am and 12:00 pm on April 8 at the Gaston County Senior Center.**
- Please know that every precaution will be taken to prevent damage to your art entries. However, Gaston County Senior Games will not be held responsible for any damage or loss to any art entry while participating in the SilverArts show.
- All artist must sign the Liability Waiver Form on page 7.
- Gaston County Senior Games has the right to refuse or remove any or all pieces that are deemed obnoxious or repulsive in character.

### LITERARY ARTS

State categories - poem, short story (fiction), essay/article, and life experience

- TITLE: \_\_\_\_\_ CATEGORY: \_\_\_\_\_
- TITLE: \_\_\_\_\_ CATEGORY: \_\_\_\_\_
- TITLE: \_\_\_\_\_ CATEGORY: \_\_\_\_\_

#### Literary Arts Guidelines:

- Literary Arts entry(ies) MUST be submitted on March 28, 2016.
- All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-pt type (preferably "times new roman or arial").
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than 8 pages.
- All entries must have a title page, which includes title of entry, sub-category, and name of artist.
- Artist's name must not appear on the content pages.
- The literary arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

# HERITAGE ARTS

**State categories** - quilting, woodwork, crochet, basket weaving, jewelry, needlework, tole painting, weaving, china painting, hooked rugs, knitting, pottery, stained glass, tating, woodcarving, woodturning.

**Not offered at State Finals:** ceramics, doll making, and miscellaneous.

1. TITLE: \_\_\_\_\_ SUB-CATEGORY: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ #OF PIECES IN A SET: \_\_\_\_\_ SIZE: \_\_\_\_\_

2. TITLE: \_\_\_\_\_ SUB-CATEGORY: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ #OF PIECES IN A SET: \_\_\_\_\_ SIZE: \_\_\_\_\_

3. TITLE: \_\_\_\_\_ SUB-CATEGORY: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ #OF PIECES IN A SET: \_\_\_\_\_ SIZE: \_\_\_\_\_

## Heritage Arts Guidelines:

- Entries must be the work of the individual and not a group effort.
- Must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- All framed work must be securely wired, ready to be hung (no serrated hooks or string), and not larger than 36" X 42", including matting and frame, and weigh no more than 50 pounds. Two-dimensional work not properly framed and wired will not be displayed.
- All three-dimensional entries must be able to be displayed in an area 3 X 3 feet.
- Groupings (sets) may have no more than 3 pieces per group (set).
- Entries must be the original work of the artist, must be a work created after the artist is age 50, and must have been completed within the last two years. The art pieces must be an original work, not a print.
- Artists, or their representatives, must deliver and pick up their entry at the designated times (see item 7 on page 8).
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photograph of entry with Entry Form and Registration Form. Photos cannot be returned.
- The Heritage Arts pieces entered at State Finals must be the same piece that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

# VISUAL ARTS

**State categories** - oil, water color, acrylic, pen and ink, sculpture, pastels, charcoal, mixed media, photography, drawing

1. TITLE: \_\_\_\_\_ SUB-CATEGORY: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ #OF PIECES IN A SET: \_\_\_\_\_ SIZE: \_\_\_\_\_

2. TITLE: \_\_\_\_\_ SUB-CATEGORY: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ #OF PIECES IN A SET: \_\_\_\_\_ SIZE: \_\_\_\_\_

3. TITLE: \_\_\_\_\_ SUB-CATEGORY: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ #OF PIECES IN A SET: \_\_\_\_\_ SIZE: \_\_\_\_\_

## Visual Arts Requirements:

- All artwork, except sculpture, must be securely framed, securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36" X 42", including matting and frame, and weigh no more than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces maximum per grouping (set).
- Entries must be the original work of the artist, must be a work created after the artist is age 50, and must have been completed within the last two years. The art piece must be an original work, not a print.
- Artists, or their representatives, must deliver and pick up the entry at the designated times (see item 7 above).
- Artist's name and title of entry must be attached to the entry for identification.
- Artist must send a photograph of entry with Entry Form and Registration Form. Photos cannot be returned.
- The Heritage Arts pieces entered at State Finals must be the same piece that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

# PERFORMING ARTS & CHEERLEADING

Saturday, April 23, 2016

NAME OF ACT #1 \_\_\_\_\_ GROUP LEADER \_\_\_\_\_  
NAME OF ACT #2 \_\_\_\_\_ GROUP LEADER \_\_\_\_\_  
NAME OF ACT #3 \_\_\_\_\_ GROUP LEADER \_\_\_\_\_

## SUB-CATEGORIES (limited to 3 acts)

Comedy/Drama    Vocal    Dance    Line Dancing    Instrumental    Cheerleading  
Act #1 \_\_\_\_\_  
Act #2 \_\_\_\_\_  
Act #3 \_\_\_\_\_

## SIZE AND LENGTH OF ACT

NUMBER OF INDIVIDUALS IN ACT #1: \_\_\_\_\_  
\_\_\_ SOLO                      \_\_\_ SMALL GROUP (2-4)                      \_\_\_ LARGE GROUP (5 OR MORE)  
LENGTH OF ACT (3 MINUTES MAXIMUM/BE PRECISE!):    \_\_\_ MINUTES;    \_\_\_ SECONDS.

NUMBER OF INDIVIDUALS IN ACT #2: \_\_\_\_\_  
\_\_\_ SOLO                      \_\_\_ SMALL GROUP (2-4)                      \_\_\_ LARGE GROUP (5 OR MORE)  
LENGTH OF ACT (3 MINUTES MAXIMUM/BE PRECISE!):    \_\_\_ MINUTES;    \_\_\_ SECONDS.

NUMBER OF INDIVIDUALS IN ACT #3: \_\_\_\_\_  
\_\_\_ SOLO                      \_\_\_ SMALL GROUP (2-4)                      \_\_\_ LARGE GROUP (5 OR MORE)  
LENGTH OF ACT (3 MINUTES MAXIMUM/BE PRECISE!):    \_\_\_ MINUTES;    \_\_\_ SECONDS.

## MUSIC

TITLE OF MUSIC FOR PERFORMANCE (if applicable): \_\_\_\_\_

## EQUIPMENT AND PROPS

Gaston County Senior Games can provide the following items only. Please specify what you need. You are responsible for all other equipment and props (including music stands, tables, etc.). Provide very specific details on size, weight, etc. Props must be small, few, lightweight and easy to set up quickly.

\_\_\_ SOUND SYSTEM WITH MICROPHONES (3 MAX) # NEEDED \_\_\_\_;    \_\_\_ PIANO;  
\_\_\_ CHAIRS # NEEDED \_\_\_\_

DOES YOUR ACT REQUIRE ADDITIONAL PROPS/TECHNICAL EQUIPMENT?    \_\_\_ NO; \_\_\_ YES; IF YES, YOU MUST LIST ALL OTHER PROPS & TECHNICAL EQUIPMENT YOU PLAN TO BRING: \_\_\_\_\_

### Performing Arts Requirements:

- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Cheerleading acts will be allowed (4) four minutes of performance time.
- If a compact disc is used, artist/group leader must provide Gaston County Senior Games (with registration forms) a compact disc with the track number clearly labeled. Artists should pick up their CD after the performance.
- Voice presentations must be a live performance by the artist. Accompaniment can be taped. Lip-synch is not permitted as a performing art.
- The group leader must complete the Silver Arts Entry Form for the group and submit it with his/her Gaston County Senior Games Registration Form. Other members of the group must submit their own Registration Form.
- The performance at State Finals must be the same performance that wins at the local games (i.e. same song, dance, etc.).
- Only the "Best in Show" in the Performing Arts Showcase is eligible for State Finals competition.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# 2016 SCHEDULE OF EVENTS

**Important:** Report directly to your event site at least 15 minutes prior to the event start time.

(Exception: golfers should report 30 minutes prior to start time.) Events will begin on time.

Failure to report at the event start time WILL result in forfeit

## TUESDAY, APRIL 5

Silver Arts Check-In 9:00-2:00 PM Gaston Senior Center

## WEDNESDAY, APRIL 6—FRIDAY, APRIL 8

Silver Arts Showcase: Gaston Senior Center

Wednesday, April 6 9:00 AM—5:00 PM

Thursday, April 7 9:00 AM—5:00 PM

Friday, April 8 8:00 AM—10:00 AM

## FRIDAY, APRIL 8

Silver Arts Awards 11:00 AM Gaston Senior Center

## SATURDAY, APRIL 9

Opening Ceremonies 9:00 AM Sims Park

Fun Walk 9:00 AM Sims Park

Spin Casting 9:00 AM Sims Park

Corn Hole 9:00 AM Sims Park

(Non-Competitive)

Football Throw 9:00 AM Sims Park

Softball Throw 9:00 AM Sims Park

## MONDAY, APRIL 11

Billiards (Men) 9:00 AM Bradley Center

Shuffleboard:

Women 50-69 9:00 AM Bradley Center

Women 80 & over 11:00 AM Bradley Center

Men 12:00 PM Bradley Center

## TUESDAY, APRIL 12

Shuffleboard:

Women 70-79 9:00 AM Bradley Center

Billiards (Women) 12:00 PM Bradley Center

Basketball Tournament 6:00 PM Bradley Center

(Men)

## WEDNESDAY, APRIL 13

Shuffleboard—Doubles 9:00 AM Bradley Center

Non-Competitive (*new*)

## FRIDAY, APRIL 15

Bowling :

Men's Singles 9:00 AM AMF Bowling Lane

Women's Singles 9:00 AM AMF Bowling Lane

Doubles/Mixed 10:30 AM AMF Bowling Lane

## SATURDAY, APRIL 16

5K—Community Run 8:00 AM Downtown Gastonia

All Field Events 8:30 AM North Gaston H.S.

(Discus, Shot Put, Long Jump)

All Track Events 11:00 AM North Gaston H.S.

(Running Events)

## TUESDAY, APRIL 19

Tennis 9:00 AM Bessemer City

Golf 9:00 AM Lincolnton

## WEDNESDAY, APRIL 20

Pickleball:

Singles (*new*) 9:00 AM Phillips Center

Mixed Doubles 10:00 AM Phillips Center

Doubles 11:00 AM Phillips Center

Basketball Shoot 2:30 PM Phillips Center

(Men & Women)

## SATURDAY, APRIL 23

Follies 6:00 PM Adult Rec. Center

## MONDAY, APRIL 25

Bocce:

Men 70 & over 9:00 AM Phillips Center

Women 70-74 9:00 AM Gaston Senior Center

Men 50-69 10:30 AM Phillips Center

Women 50-64 12:00 PM Phillips Center

Women 65-69 12:00 PM Gaston Senior Center

## TUESDAY, APRIL 26

Bocce:

Women 80 & over 9:00 AM Gaston Senior Center

Women 75-79 12:00 PM Gaston Senior Center

## THURSDAY, APRIL 28

Table Tennis 9:00 AM Gaston Senior Center

(Doubles & Mixed Doubles)

Tables Tennis (Singles) 11:00 AM Gaston Senior Center

Swimming 3:00 PM Stowe YMCA

## MONDAY, MAY 2

Corn Hole:

Competitive

Women 9:00 AM Gaston Senior Center

Men 11:00 AM Gaston Senior Center

Non-Competitive

Doubles (*new*) 12:30 PM Gaston Senior Center

## THURSDAY, MAY 5

Badminton:

Doubles 9:00 AM Bradley Center

Mixed Doubles 10:30 AM Bradley Center

Singles 12:00 PM Bradley Center

## MONDAY, MAY 9

Horseshoes 9:00 AM Poston Park

(Men & Women)

Croquet 2:30 PM Poston Park

(Men & Women)

## THURSDAY, MAY 12

Chair Volleyball (*new*) 1:00 PM Adult Rec. Center

## SATURDAY, MAY 14

Closing Ceremonies 6:00 PM Adult Rec. Center

\*Dates and times are TBA for Archery, Cycling, and Softball Tournament.

## REGISTRATION DAYS

**Friday, February 26th**

**Friday, March 4th**

**Gaston County Senior Center**

Online registration is now available for both Local Games and State Finals. Come to the Gaston County Senior Center in Dallas on Friday, February 26 or March 4 from 9:00 AM—12:00 PM for help registering online. Online registration will provide better customer service for Local Games Participants and better communication with State Finals.

## OPENING CEREMONIES

**Saturday, April 9th at 9:00am**

**Sims Legion Park**

Celebrate the opening of the Gaston County Senior Games with family and friends, and watch the games!

\*\*Fun Walk, Spin Casting, Softball Throw, Football Throw, & Non-Competitive Corn Hole will take place after the Opening Ceremonies. See page 3 for inclement weather information.

## SILVERARTS FOLLIES & CHEERLEADERS

**Saturday, April 23 – 6:00pm — Adult Recreation Center (Gastonia)**

All Participants are invited to enjoy the talents of the Silver Arts performers (singers, dancers, comedians, cheerleaders etc.). This is a free event for all.

## SILVERARTS SHOWCASE

**Wednesday, April 6 – Friday April 8 —Gaston County Senior Center (Dallas)**

Come and see the talents of our area Silver Artists on display. Categories include visual, heritage and Literary Arts. OPEN to the public for viewing Wednesday – Thursday 9:00am-5:00pm & Friday 8:00am-10:00am.

## SILVERARTS AWARDS CEREMONY

**Friday April 8 – 11:00am —Gaston County Senior Center (Dallas)**

All participants are invited to see the Silver Arts participants receive their awards.

## CLOSING CEREMONIES & SPONSOR DINNER

**Saturday, May 14 at 6:00pm**

**Adult Recreation Center (Gastonia)**

All participants are invited to dinner and dancing to the tunes of our favorite DJ to officially close out the games and thank all our sponsors for their support. *Participant tickets are free and guest tickets may be purchased for \$10.00 (each) on the Entry Form or at the Gaston County Senior Center in Dallas until Friday, April 30th.*

## 2016 STATE FINALS

**TBA Raleigh/Cary North Carolina**

Review page 2 State Finals Information.

You can find more information at

[www.ncseniorgames.org](http://www.ncseniorgames.org) or call 919-851-5456.

## 2017 NATIONALS

**TBA Birmingham, Alabama**

You can find more information at

[www.ncseniorgames.org](http://www.ncseniorgames.org) or call 919-851-5456.