

# The Facts about Monkeypox



**GASTON COUNTY**  
NORTH CAROLINA

For more information,  
please scan this code  
or visit

<https://epi.dph.ncdhhs.gov/cd/diseases/monkeypox.html>



## Introduction and Background for Monkeypox

<b>What is Monkeypox?</b>	Monkeypox is a rare disease caused by the same family of viruses that causes smallpox; however, it is typically more mild and rarely fatal
<b>Is Monkeypox new?</b>	Monkeypox was discovered in 1958 when two outbreaks of a pox like disease occurred in colonies of monkeys kept for research
<b>How is Monkeypox Spread?</b>	Monkeypox is spread from person to person through skin-to-skin contact, infected saliva, respiratory droplets from prolonged amount of time, or fluids from the lesions of confirmed Monkeypox cases
<b>What are the symptoms?</b>	Fever, headache, fatigue, chills, cough, sore throat, nasal congestion, swollen lymph nodes, and rash
<b>How can I prevent myself from Monkeypox?</b>	You may request, from a healthcare provider, to receive the smallpox vaccine if you meet the vaccine eligibility criteria. If you do not meet the criteria, please avoid contact with confirmed cases of Monkeypox

## What to do if you have symptoms

See your healthcare provider. If you do not have a provider or health insurance, visit your local health department nearest you

When you see a healthcare provider for possible monkeypox, remind them that this virus may be circulating in the community

Avoid close physical contact with anyone until you have talked to a healthcare provider about symptoms

## If you or your partner test positive for Monkeypox...

Follow the treatment and prevention recommendations of your healthcare provider

Avoid close physical contact with anyone until all your sores have healed and you have a fresh layer of skin formed